Community Health Department, St. Stephen's Hospital
G-4, Sunder Nagri, Delhi-110093

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https://www.facebook.com/St-Stephens-Hospital-Community-Health-Department-108657167391236

October 2026

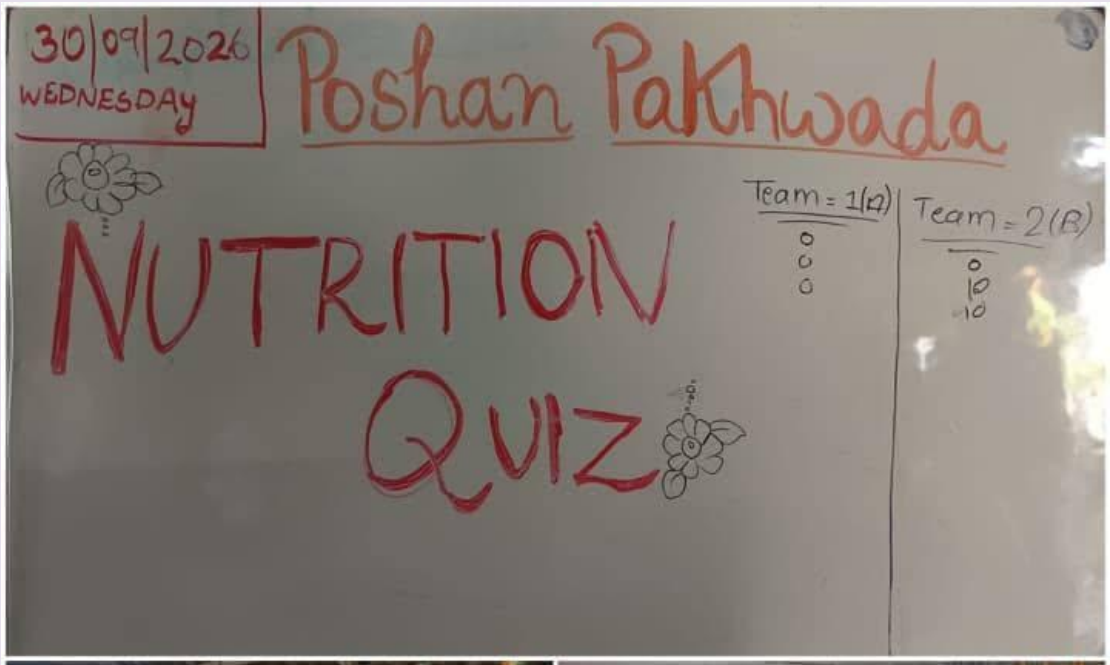
1. 01.10.2026

International Day of Older Persons



2. 03.10.26

Glimpses of our activities in the community during **Poshan Pakhwada** in September 2026.


30/09/2026
WEDNESDAY
Poshan Pakhwada
NUTRITION
QUIZ
Team = 1(A)
0
0
0
Team = 2(B)
0
10
10









3. 05.10.26

We started **Mental Health Week** 2026 with health talk by Psychiatrist and experience sharing by patients at our Mental Health Clinic in the community.





4. 09.10.26

Drawings made by **children with intellectual disabilities during World Mental Health Week 2026**



5. 10.10.26

World Mental Health Day 2026



6. 15.10.26

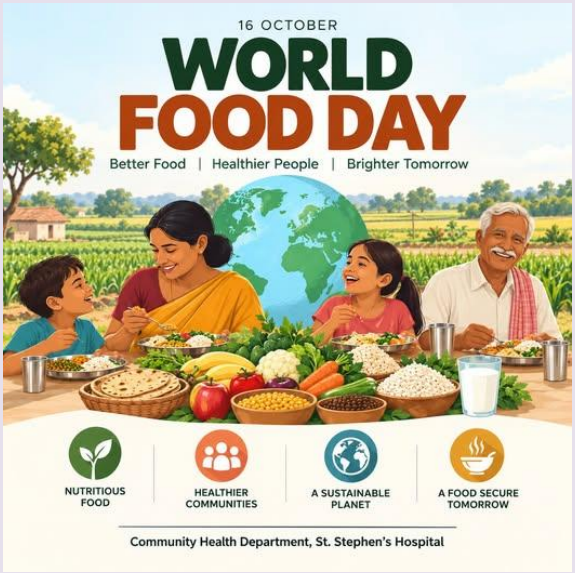
Global Handwashing Day

Global Handwashing Day is observed to raise awareness about the importance of handwashing with soap and water. Handwashing with soap and water is one of the simplest, most effective ways to stop the spread of germs and stay healthy. Keeping hands clean prevents diarrheal illnesses and respiratory infections, such as the common cold or flu.



7. 16.10.26

World Food Day - Let's build a future where everyone has access to safe, nutritious food.



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Stay healthy. Thank you.

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St. Stephen's Hospital,
Community Health Department

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