

Community Health Department, St. Stephen's Hospital
G-4, Sunder Nagri, Delhi-110093

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<https://www.facebook.com/St-Stephens-Hospital-Community-Health-Department-108657167391236>

August 2026

01.08.2026

Community Health Department, St. Stephen's Hospital started the **Supplementary Nutrition Programme**, supported by the Patients Welfare Society, delivering power-packed nutritious meal to combat malnutrition, build immunity, restore strength and accelerate recovery for vulnerable patients in the community.

Nutritional value served per beneficiary:

575 kcal (27% RDA), 24.2 g protein (44%), 5.6 mg iron (27% for men / 19% for women), and 637.4 mg calcium (64%).



01.08.2026

World Breastfeeding Week 2026 (1 - 7 August)

The Community Health Department, St. Stephen's Hospital, kickstarted World Breastfeeding Week 2026 today with an awareness session for mothers, highlighting the importance of exclusive breastfeeding, correct feeding practices, and continued breastfeeding for a healthier future.

Together, let's support every mother and give every child the best start in life.



07.08.2026

World Breastfeeding Week 2026 concludes.

**WORLD
BREASTFEEDING
WEEK 2026**
1-7 AUGUST 2026

*Breastfeeding: Nurturing today,
Sustaining tomorrow.*

Breast milk is nature's first gift – complete, safe and full of love. Let's support every mother to breastfeed with confidence.

- Start early – within 1 hour of birth
- Exclusive breastfeeding for the first 6 months
- Continue breastfeeding with nutritious complementary foods up to 2 years
- Support from family, community and workplace makes breastfeeding easier

**Healthy Mothers.
Happy Babies.
Stronger Communities.**

NEW THIS YEAR!
We have started our Post Natal & Lactation Clinic (Mom's Clinic).
35+ mothers and infants seen already!

 **COMMUNITY HEALTH DEPARTMENT
ST. STEPHEN'S HOSPITAL**
In Love Serve One Another.



15.08.2026

80th Independence Day celebration



17.08.2026

19th Annual Day celebration for our Senior Citizens Recreation Centre (Prem Chhaya)



21.08.26

World Mosquito Day was observed on 20th August.

Protect yourself and your family from Dengue 🦟, Malaria 🩸, Chikungunya 🤒, Filariasis 🦵 and other mosquito-borne diseases.

Know more about mosquito prevention and stay safe- [World-Mosquito-Day-20.08.22.pdf](#)

मच्छरों से बचाव हमारी ज़िम्मेदारी

साफ-सफाई और सतर्कता से रखें अपने परिवार को सुरक्षित



किसी भी हाल में घर में मच्छर ना होने दें। खिड़कियों और दरवाजों पर महीन जाली लगवाएं।



घर या ऑफिस के आसपास पानी जमा न होने दें।



ओवरहेड टैंक का ढक्कन हमेशा कसकर बंद रखें।



कूलर का पानी निर्धारित रूप से बदलें और जमा पानी न रहने दें।



मच्छरों को भगाने के लिए रिपेलेंट लिक्विड मशीन, अगरबत्ती और क्रीम का इस्तेमाल करें।



शाम के समय पूरी आस्तीन के कपड़े पहनकर ही बाहर निकलें।



सोते समय मच्छरदानी का प्रयोग करें।

समुदायिक स्वास्थ्य विभाग, सेंट स्टीफन अस्पताल | 2026

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St. Stephen's Hospital,
Community Health Department



CHDSSH



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