**Community Health Department, St. Stephen's Hospital**

**G-4, Sunder Nagri, Delhi-110093**

**Visit our Facebook page:**

**https://www.facebook.com/St-Stephens-Hospital-Community-Health-Department-108657167391236**

**May 2026**

**05.05.2026**

**World Hand Hygiene Day 2026**

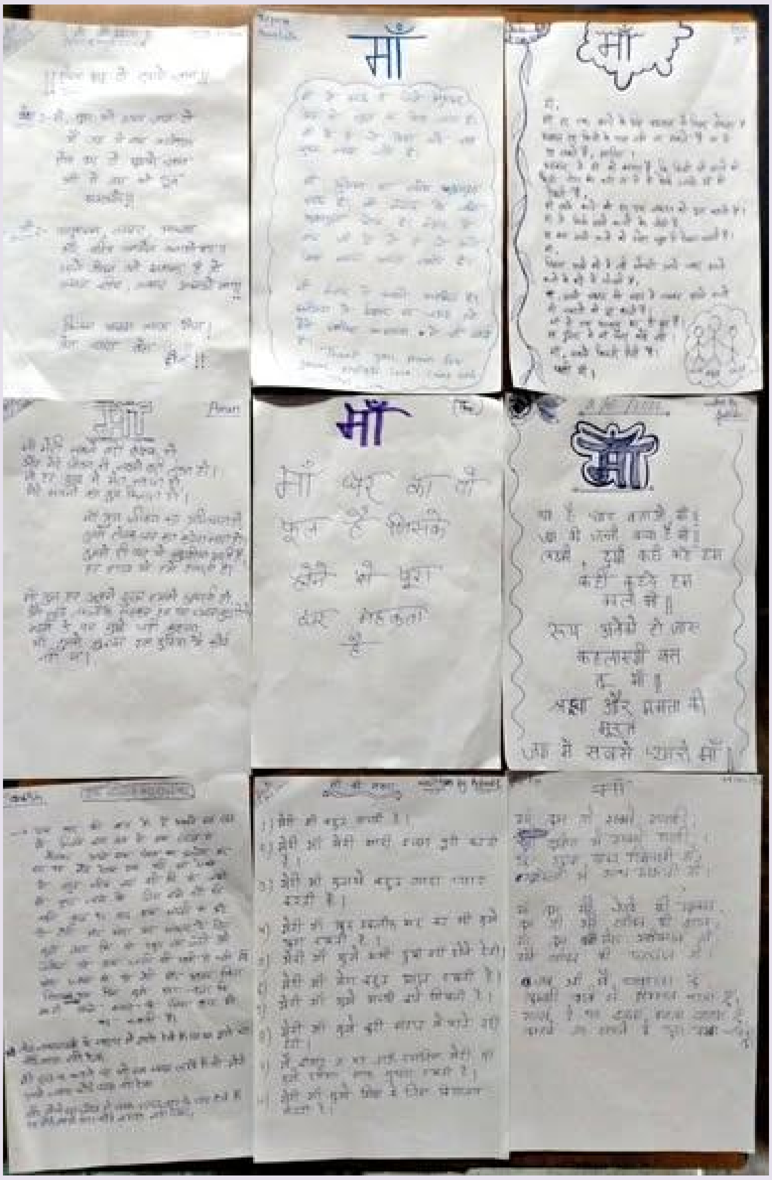
Wish Hands, Prevent Diseases, Save Lives

Our YouTube video on hand hygiene:

https://youtu.be/9VPGGlmGOA8?si=Od-bexAm5Hzm7vZ7

13.05.2026

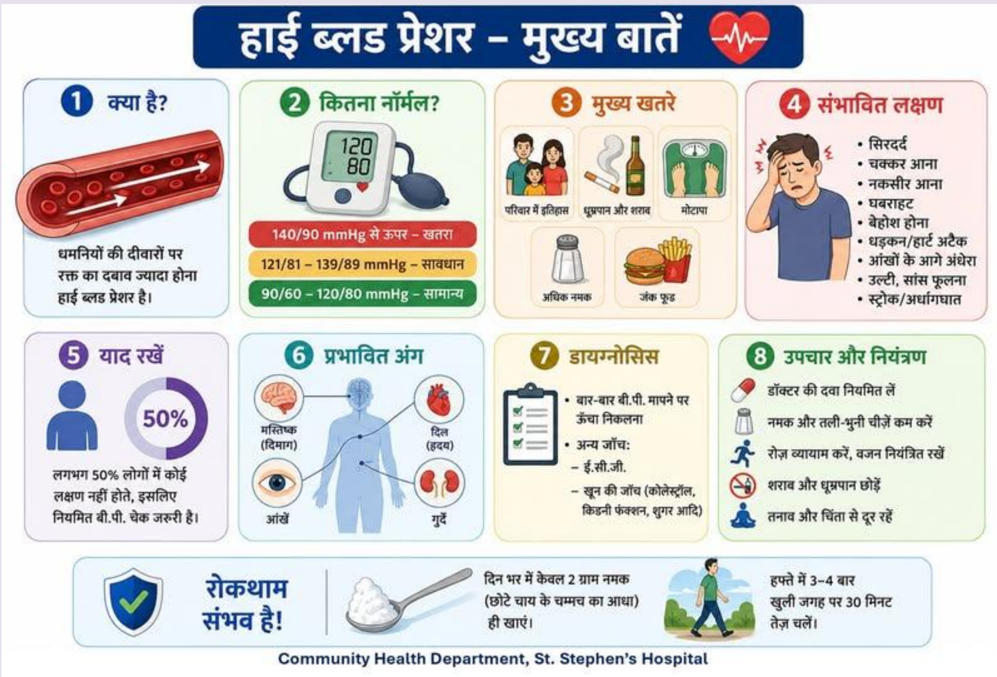
Mothers' Day Celebration




18.05.2026

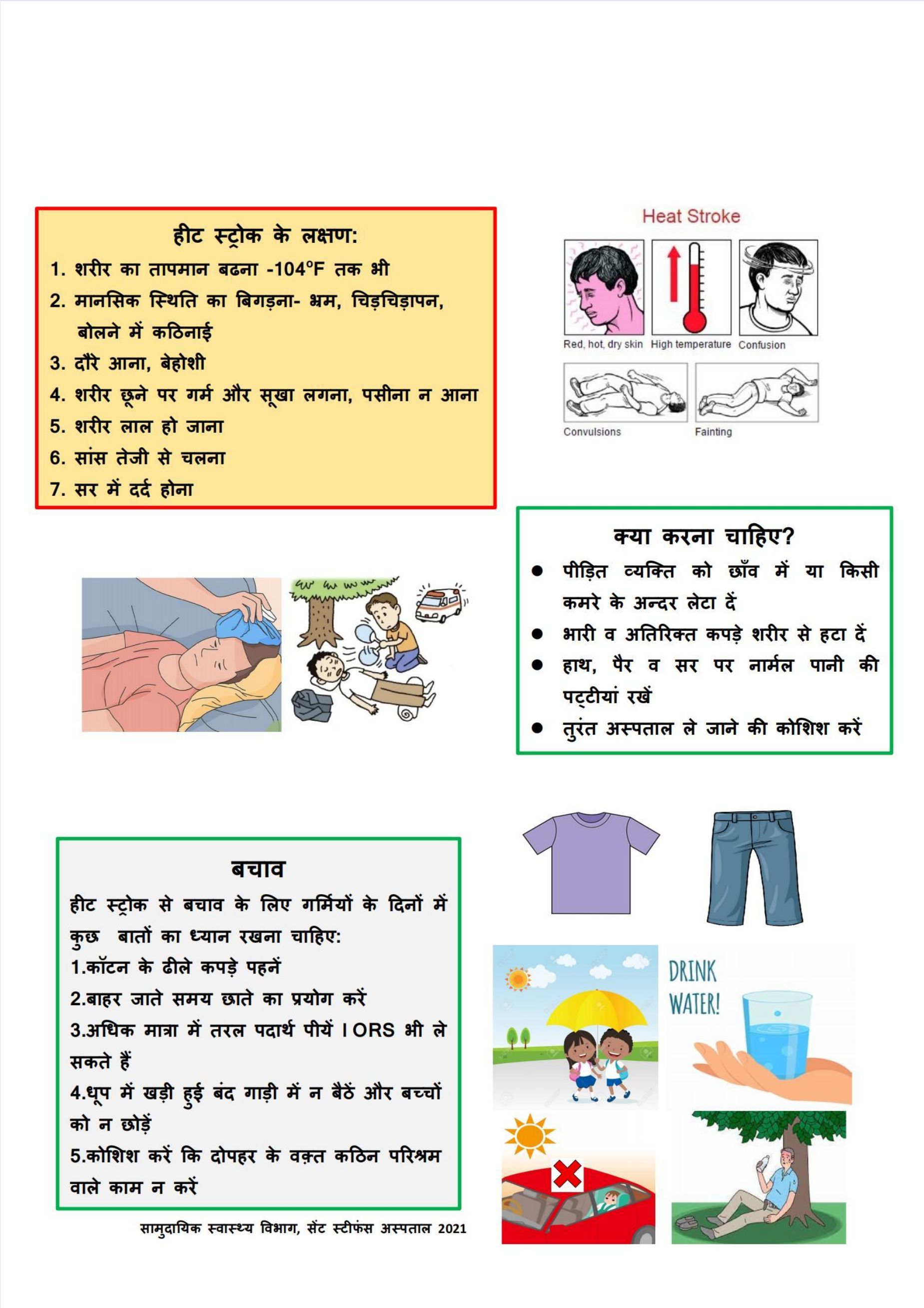
World Hypertension Day

High blood pressure is a silent killer — check your BP regularly, consume less salt, take medicines lifelong if started and stay active.




20.05.2026

Protect yourself from Heat Stroke this summer.

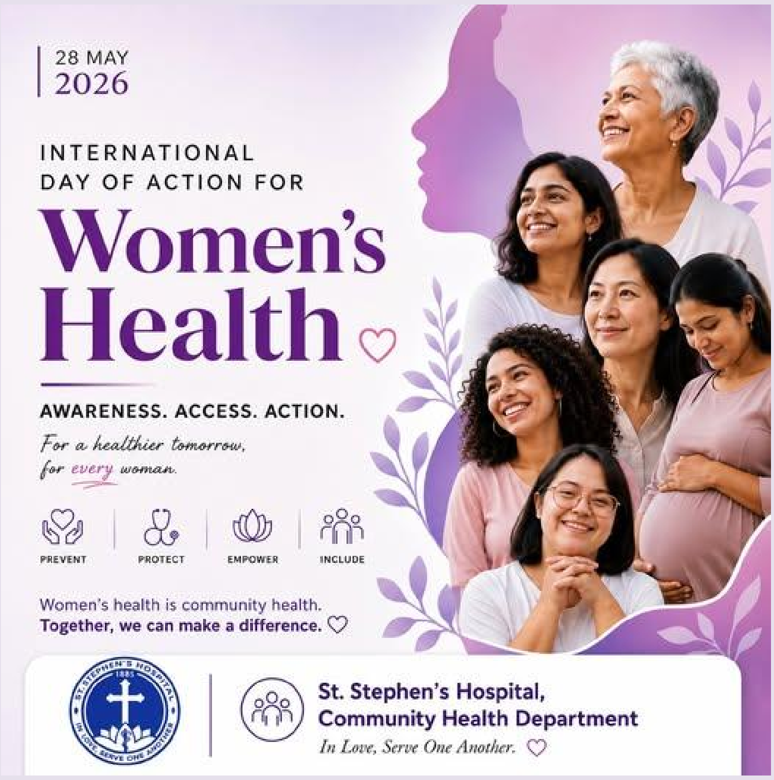



28.05.2026

International Day of Action for Women's Health 2026

More on women's health at different ages on our webiste:

https://www.ststephenshospital.org/sshchd/wp-content/uploads/2021/06/International-Womens-Health-Day.pdf




31.05.2026

World No Tobacco Day

**Please visit our Facebook page for the latest posts and updates.**

**Stay healthy. Thank you.**

## Connect with us:

St. Stephen's Hospital,
Community Health Department

YouTube CHDSSH

https://www.ststephenshospital.org/sshchd/

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