

**Community Health Department, St. Stephen's Hospital
G-4, Sunder Nagri, Delhi-110093**

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<https://www.facebook.com/St-Stephens-Hospital-Community-Health-Department-108657167391236>

July 2024

1. 08.07.24

Games at our Creche (Day Care Centre for Children from vulnerable families).

We have a variety of age-appropriate toys to stimulate the development of motor, social & cognitive skills of the children. Outdoor activities are also held at the backyard.



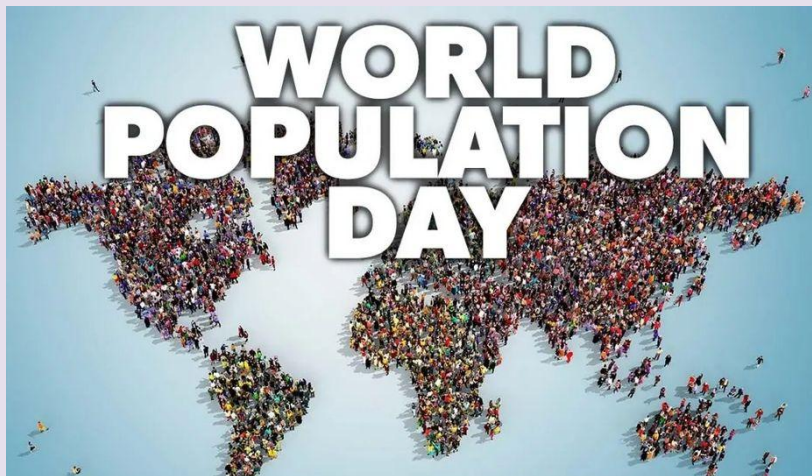
2. 10.07.24

Play and health awareness session on Dengue presented by students from College of Nursing, St. Stephen's Hospital.



3. 13.07.24

World Population Day was observed on 11th July, 2024. Health awareness sessions were held by various units for the community.



4. 16.07.24

A Career Guidance session was organized for the students of Child to Child Education programme on 13.07.2024.

Students from Humanities stream were explained various career options such as Teaching, Law, Social Work, Foreign language, Fashion Designing, Computer, Entrepreneurship as well as preparing for Govt. vacancies.32 students attended the workshop.



5. 20.07.24

Ghar Bananaewali Mahilayen' workshop on 15th July was attended by 19 women from the community. Training and discussion was held on Nutrition, Healthy lifestyle, Menstrual health, Child & Geriatric care, Social Media, Cyber safety, Disaster management as well as experience sharing and doubt clearing.



6. 27.07.24

The students of College of Nursing, St. Stephen's Hospital presented play on Post Partum Depression (प्रसव के बाद अवसाद).



7. 29.07.24

World Hepatitis Day was observed by us, health awareness sessions were held by various units for the community.



8. 30.07.24

World ORS Day was observed on 29th July, with health talk sessions and demonstration for the community on how to make ORS at home.

Oral Rehydration Solution (ORS) is the key treatment of dehydration caused by Diarrhoea.

The infographic is titled "Oral Rehydration Salts (ORS)" and includes the text: "If ORS packets are not available, you can prepare it at home as well." It features a four-step process: 1. Clean Water - 1 litre - 5 cupful (each cup about 200 ml.); 2. Sugar - Six level teaspoons (1 teaspoon = 5grams); 3. Salt - Half level teaspoon; 4. Stir the mixture till the sugar dissolves. The infographic also includes the Ministry of Health and Family Welfare Government of India logo, the National Health Portal logo, and contact information: Website: <http://www.nhp.gov.in/> and Toll Free no.: 1800-180-1104.

9. 31.07.24

Students from College of Nursing, St. Stephen's Hospital presented a role-play on Diarrhoea for the community.(STOP Diarrhoea Campaign 2024, Govt. of NCT, Delhi)



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