

# We cordially invite you to our National Conference

**Date:** 27<sup>th</sup> & 28<sup>th</sup> January 2026

**Timing:** 8 am - 5 pm

**Venue:** Conference Hall, SSH

**Payment for registration**

**Students:**

U.G. & P.G. Students: Rs. 1000 (On-the-spot)

**Non - Students:**

**Early Bird:** Rs. 1300 (till 20.01.2026)

**After 20.01.26 and On-the-spot:** Rs. 1400

*(Tea, Snack and Lunch will be provided)*

**Students are required to bring their  
Institution ID Cards for the verification**

**Link for registration and payment**

<https://ststephenshospital.org/conf>

**For registration and query contact:**

**Ms. Rency Mol Jaboi**  
Mob No: 8860132947

**Ms. Bindu Savin**  
Mob No: 9717963653

**CHIEF GUEST:**  
**DR. SUDHIR C. JOSEPH**  
Director  
St. Stephen's Hospital

**ORGANISING CHAIRPERSON:**

**PROF. DR. FEBA GEEVARGHESE**  
Principal  
St. Stephen's Hospital  
College of Nursing

**MS. ELIZABETH SANTOSH**  
Nursing Superintendent  
St. Stephen's Hospital

**ORGANISERS:**

**MS. MALA**  
Assistant Professor  
St. Stephen's Hospital College of Nursing

**MS. N. GRACE AMITHA**  
Senior Tutor  
St. Stephen's Hospital College of Nursing

**MS. BINDU SAVIN**  
Ward Incharge  
St. Stephen's Hospital

**ST. STEPHEN'S HOSPITAL**



Is Organising a

**NATIONAL CONFERENCE ON**

**“SKILLED HANDS -  
SAFER BIRTH”**



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**DNC CREDIT HOURS WILL BE PROVIDED**

## Greetings

Greetings from St. Stephen's Hospital. Our Hospital and College of Nursing has immense pleasure in inviting you to the Conference from 27<sup>th</sup> - 28<sup>th</sup> January 2026.

### Target Group

Under graduates, Post graduate students, Nursing Faculty, Nursing Administrators, Nurse Educators, Staff Nurses.

### About the Institution

St. Stephen's Hospital, Delhi is a charitable mission hospital established and run by St. Stephen's Hospital Society. It had a humble beginning in 1885 as a 20-bed hospital in Chandni Chowk in memory of Ms. Priscilla Winter, a non medical missionary. By 1908, the hospital grew into 100 bedded Women and Children's hospital relocated at Tis Hazari. Today this modern well-equipped hospital has a strength of 501 beds in various specialties and super specialties. Education and training of medical, nursing and Allied Health professionals is an ongoing programme in this institution.

Established in 1908 and founded by Ms. Alice Wilkinson, a pioneer and co-author of the constitution of the INC, we have one of the oldest nursing schools in the country. In 1952, we started the A-grade diploma course and then the General Nursing & Midwifery course. In the year 2008, the School of Nursing was upgraded to College of Nursing affiliated to GGSIPU and B.Sc. (Hons.) Nursing was started with 50 seats along with 50 seats for GNM. We also have M.Sc. Nursing with 15 seats in 3 specialties and Post Basic B.Sc. Nursing with 20 seats.

### About the theme:

Skilled hands ensure safe birth by providing timely, evidence-based care during pregnancy, labor, and delivery. Trained healthcare professionals can recognize risks early, respond effectively to complications, and support normal birth processes. Their expertise, vigilance, and compassionate care play a vital role in protecting the lives of both mother and newborn.

## PROGRAMME SCHEDULE DAY 1 ( 27.01.2026)

Time	Event	Resource Person
8 - 9 am	<b>Registration and Pre - Test</b>	
9-9:45am	<b>Inaugural Session</b> Opening Prayer Lamp Lighting Welcome Address Unfolding of theme Chief Guest's address	
9:45 - 10:15 am	<b>TEA BREAK</b>	
10:15-11:15 am	<b>Session 1: Strong Plans, Safe Birth: Empowering families to prepare and respond.</b>	<b>Ms. Latha Venkatesan</b> Professor cum Principal AIIMS, CON, Delhi
11:15-12:15 pm	<b>Session 2: Every visit counts: Mastering comprehensive antenatal assessment</b>	<b>Ms. Anugrah Milton</b> Tutor RAKCON
12:15-1:15 pm	<b>Session 3: Calm in the storm: Supporting Women in Birthing</b>	<b>Prof.Dr. Cimil Babu</b> Professor cum Vice Principal HFCON
1:15 - 2 pm	<b>LUNCH BREAK</b>	
2-3 pm	<b>Session 4: Early detection of High risk Pregnancy</b>	<b>Ms. Shiny Chacko</b> TNAI National Treasurer
3-4 pm	<b>Session 5: Contraction to condition: Mastering Intrapartum assessment</b>	<b>Dr. Raisa Samuel</b> Consultant Obs & Gynae Department SSH
4-4:15 pm	<b>ACTIVITY</b>	
4:15 - 5 pm	<b>SKILL STATION</b>	

## PROGRAMME SCHEDULE DAY 2 ( 28.01.2026)

Time	Event	Resource Person
8 - 9 am	<b>Session 1: When Every sign matters</b>	<b>Prof. Sheeba P. Joseph</b> Vice Principal cum Professor SSHCON
9-10 am	<b>Session 2: Let Birth Flow: Facilitating &amp; supporting normal birth the right way.</b>	<b>Dr.Naimaa Choudhary</b> HOD, OBS and Gynae Department SSH
10-10:30 am	<b>TEA BREAK</b>	
10:30-11:30 am	<b>Session 3: The First Minute Matters: Excellence in immediate newborn care"</b>	<b>Dr. Vivian Suman</b> Consultant SSH
11:30 - 12:30 pm	<b>Session 4: From birth to recovery: Supporting Women in immediate Postpartum care</b>	<b>Prof. Dr. Manju Chhugani</b> Former Dean RFCON, Jamia Hamdard
12:30 - 1pm	<b>ACTIVITY</b>	
1-1:45 pm	<b>LUNCH BREAK</b>	
1:45-2:45 pm	<b>Session 5: Beyond Birth: Comprehensive Postnatal assessment</b>	<b>Ms. Somibala Thokchom</b> Assistant Professor RFCON, Jamia Hamdard
2:45-3pm	<b>ACTIVITY</b>	
3-3:45 pm	<b>SKILL STATION</b>	
3:34 - 4 pm	<b>Post Test</b>	
4-5 pm	<b>Valedictory Session &amp; Certificate Distribution</b>	