From the Director’s Desk

The urban mass in India is growing daily, and nowhere more rapidly than in the Millennium City, Gurgaon. I remember the days when Gurgaon was a sleepy little hamlet on the fringe of the Aravalli range, surrounded by rocky outcrops splattered with thorny shrubs. Today, stand in front of the malls on the Mehrauli Gurgaon road and you could be forgiven for thinking you are in Dubai or any major metropolis in the western world. All the standard ‘elite’ names are here, Dior, Gucci, Hermes, and many more. The malls are packed with visitors, most carrying at least one expensive purchase.

However, what one tends to miss is the extremely deprived underbelly of this modern marvel. The construction labourers toiling in the never-ending sun for endless hours, the non-existent facilities for their daily needs, their children running and playing near-naked in the dust, living out a childhood which is all too brief and bereft of any hope of improving upon their parents’ lot in life. The conditions in which these people live speak not only of mind-numbing poverty but also of unacceptable constant hazards to their basic health.

St Stephen’s Hospital is branching out to Gurgaon and hopes to bring a beacon of hope into the lives of these impoverished unfortunates. We have achieved wonders in the slums of Sunder Nagari. We have provided the best of medical care to the poor who come to our hospital. Now, we are reaching out further to those who can’t come to us. We do so in the firm faith that we are answering the call of our Saviour, May He continue to bless this new beginning and help us to bring His healing touch to more and more people in the days to come.

Dr Sudhir Joseph
Director

"We wish you all a Happy & Blessed Easter"

BLESSSED ARE THE MEEK: FOR THEY SHALL INHERIT THE EARTH

Mr. Reddy

Mr. Reddy

Christ’s words in the amazing 'Sermon on the Mount' (Mathew: Chapter 5) are a revelation as well as daring. ‘The meek shall inherit the Earth’ - What? ....How is that? .... Does not one have to be powerful and aggressive and dominating to inherit and hold on to one’s conquests? To know the truth of Christ’s paradoxical words, one has to only look at the life of one person in our own hospital. Read on......

In the middle of the last century, in what was then the small town of Kakinada in Andhra Pradesh, a young boy was being groomed in ‘simple old-time values’ by his very highly respected parents. He embedded these values deep within his heart and they have indeed proved to be his strength rather than his weakness.

Mr. Reddy, as we fondly call him, joined the IIT at Kharagpur in 1952. This was the first IIT in India and had been created due to the foresight of Pandit Jawaharlal Nehru and Dr. B. C. Roy. The faculty was brought in from the famous MIT of USA. Mr. Reddy belonged to the second batch of engineers from IIT to enter the Indian services. He completed the B Tech. degree in 1956 and was invited to do the M Tech. degree on a well-deserved scholarship for his meritorious performance. While he was still pursuing the M Tech, he succeeded in the UPSC examination. Following post-graduation, he joined the Indian Service of Engineers.

He started his service in Delhi. It did not take long for the government agency to recognise this young man’s talents. He was awarded a promotion and was sent to Paris for a year for advanced studies in pre-stressed concrete. He returned to another posting in Bombay and then proceeded to Arunachal Pradesh. Here he did such amazing work that the Lieutenant General of the state would not let him leave for seven years. He was also honoured here by the LG with a Gold Medal in the early 1970s for his work in construction of hill roads and Microhydroelectric schemes. His final posting was at Calcutta for 9 long years as Chief Engineer and finally as Additional Director General (Central PWD). Mr. Reddy retired from government service in 1991.

Continued on page 2...
To begin writing this article, we ‘Googled’ the word ‘Dreams’. This amazing search engine pulled up over 176,000,000 results. If this is astounding, then even more astounding is the underlying truth that dreams are one of the most poorly understood activities of the human mind. Many claim to understand and even to interpret dreams but very few can actually claim to make a dream come true. This is one such story.

Is this the age of dreams becoming a reality? In 1963, a young black man in the USA named Martin Luther King, Jr. gave a new meaning to the word ‘dreams’. He addressed the nation with his soul-stirring speech ‘I have a dream.’ A long forty-five years later, another young black man dared to become America’s first black President and showed the world that it could be done.

In Genesis 37, the Bible tells a fascinating story of a young 17-year-old boy named Joseph. He was unusually gifted in that he could not only have dreams but also interpret them. He could also interpret the dreams of others. This simple shepherd from the land of Canaan was taken as a slave but eventually rose to be the highest ranking officer under Pharaoh. He made Egypt a land of abundance in the following years.

Closer to home, we have our own Joseph the ‘dreamer’. We recall that day in November, three years back when Dr. Sudhir Joshi was appointed Director at St. Stephen’s Hosapital. The then Chairman, Bishop Karam Malh, spoke of this new Director and said that this position required a man of vision and with a mission. How true these words have turned out! On 26th February 2009, in his speech at the Foundation Stone laying ceremony, the Director spoke of this dream that he has had for a long time. He mentioned the many projects that have occupied his dreams for some time now. These include four to five peripheral health centers under the banner of St. Stephen’s Hospital, located on the periphery of Delhi. He spoke of a Medical College to be started. And then there is the new Oncology wing to be added here on the main campus.

The first sign of these dreams being realised, is the Gurgaon Health Facility of St. Stephen’s Hospital. The land has been bought in DLF, Qutub Enclave, Phase III, Sector 24 of Gurgaon. It will be well connected by the Metro. Already construction has started and progressed rapidly. The Chairman, Bishop Surendra K. Singh, in his dedication speech, spoke of how many people have dreams but only a few make them come true. This dream is coming true for sure.

Gurgaon is the fastest growing satellite-town of Delhi. It is inhabited largely by affluent families. Yet, as is true of most new towns, health care facilities here are scarce or very expensive. There is also a large section of economically deprived persons there, especially construction workers who have no access to quality medical care. In his speech, the Director made special mention of this latter group. St. Stephen’s Hospital has an established reputation of providing quality healthcare at low cost. The services offered will consist of outpatient clinics, diagnostic services and a pharmacy. Our hospital has risen to the great need in Gurgaon.

What makes this most special is that St. Stephen’s Hospital is now spreading its ‘wings of care’. This institution started as a small service on the banks of the Yamuna. It then began as St. Stephen’s Hospital at Chandni Chowk. From there it moved to the present location. St. Stephen’s Hospital has served Delhi for the last 125 years from this location. Now, for the first time a daring step has been taken to spread beyond this location, to Gurgaon, and if dreams continue to come true to other locations as well. This is indeed a momentous time in the long and amazing history of St. Stephen’s Hospital.

Is there any more proof required that Christ is the rock on which this hospital has been built? Further, it is true that no General wins a battle on his own. He must have his foot-soldiers. The Director, in his address at the foundation stone laying ceremony, put on record the immense debt that is owed to the hundreds of staff who have worked tirelessly and selflessly over the years and continue to serve under the banner of St. Stephen’s. God bless all of our staff and God bless St. Stephen’s Hospital.

Dr. Nittin R. Parkhe
Editor

Continued from page 1...

St. Stephen’s Hospital was at that time looking for just such a man to head the ‘Mother & Child Block’ construction. The hospital and Mr. Reddy found they had the same values systems of honesty, simplicity and integrity and since 1991 Mr. Reddy became part of the St. Stephen’s Hospital family. He has stayed on here even after his contract was over only because he admires the work culture at Stephen’s and the fact that this hospital is dedicated to serving the poor & needy. Mr. & Mrs. Reddy have four children, all of whom hold high positions in their line of work.

For those who do not know Mr. Reddy, you would hardly recognise him if he passed your way. The very reason for this is his ‘meek’ nature. He is so self-effacing and humble and quiet that one would never realise how accomplished and eminent he is. Yet he has scaled the pinnacles in his field.

Yes, the meek shall inherit the earth!

Dr. Nittin R. Parkhe
Editor
**Welcome**

Dr. Abhishek Kaushik, Jr. Specialist, Orthopaedics  
St. Beenuka Chauhan, Principal, College of Nursing  
Ms. Joyous Earnest, Clinical Instructor, College of Nursing  
Ms. Blessy Mariam Koshy, Clinical Instructor, College of Nursing  
Ms. Soni Mathew Therayil, Clinical Instructor, College of Nursing  
Ms. Lynette George, Clinical Instructor, College of Nursing  
Ms. Deepthi Damodaran, Clinical Instructor, College of Nursing  
Ms. Sabitha Janu, Personnel Asst, to Principal, College of Nursing  
Ms. Nidhi Sharma, Community Health - Naid Nagri,  
Med. Social Work Gr. III  
Mr. Rupesh Math, Pharmacy, Pharmacist Gr. II  
Ms. Kalpana John, Administration, Per. Secretary Gr.I  
Mr. Nityn Kumar Aggarwal, Radiology, Radiographer Gr. II  
Mr. Sunny Davul, Radiology, Radiographer Gr. II  
Mr. Mathew T.T., Accounts, Accounts Asst. Gr. II  
Mr. Satya Narayan Jha, Pharmacy, Pharmacist Gr. II  
Ms. Rosannma Raj, Pathology, Med. Lab Technician  
Mr. Pranod Singh, Project, Assistant Gr.II - Civil  
Mr. Harsil, Medical Records, Med. Records Technician Gr. II  
Ms. Sophiniya Sun, Public Relations & Social Concerns,  
Med. Social Worker Gr. III

**Wedding Bells**

Ms. Blessy Mariam Koshy with Mr. Joban Thomas  
Ms. K. Gayatri V. S. with Mr. Sambas Kumar  
Mr. Deepak Mahendra with Deepali  
Mr. Tony Jose with Pretty

**Retired**

Ms. Kamla, Ayah, retired on 31-1-2009 after 22 years of meritorious service in the hospital.  
*We wish her a happy retired life.*

**Felicitation**

Academic Council of the Indian Association of Physiotherapists (IAP) awarded their prestigious Fellowship to Koshy K Mathai at a special function held at Mumbai during the International Physiotherapy conference January 2009.  
*Our hearty congratulations to him for this well-deserved award.*

Mr. Ramesh Kumar Pandita, Supervisor (Biomedical) was sponsored by the hospital to attend the Biomedical Repairing Training Programme BMT, conducted by the Medisend International Global Education Centre at Dallas, Texas from July to December 2008.  
He successfully completed the training program and returned with a wealth of new ideas and techniques and a lot of enthusiasm to further improve the functioning of the Biomedical Engineering Department.  
*Our hearty congratulations to him for his brilliant performance at the training program.*

**ISO Certification**

The 3 systems are now certified by Vexil Business Process Services Limited, which is accredited by JAS-ANZ.  
The OHSMS was upgraded to the new BS OHSAS 18001:2007 Standard for the purpose of this Audit.  
Back in 2002, St. Stephen's Hospital was the first Hospital in India to be certified for QMS, EMS and OHSMS. Over the years, the systems have matured with active staff involvement in their maintenance and improvement with regular internal audits and refresher programmes.

**Staff Development Programme - 2009**

On 7th February 2009, the Management of St. Stephen's Hospital organized its first in-house workshop of an ongoing Staff Development Programme for the administrative staff. This was a half day session on "Motivation & Communication", taken by Mr. Innocent Xess and Mr. John Math. Another workshop for the second batch was held on 28th February 2009. The Batches consisted of 30 participants each.  
The workshop started with an introductory talk by Dr. Sudhir C. Joseph, who discussed about the hospital and its history. This mission and vision captured the attention of the participants and gave a good start to the day.

The participants had many activities to perform, both individually and in groups. This created an atmosphere of enjoyment as well as learning. There was good interaction between the speakers and participants.  
The effort made by the management to have such an ongoing Staff Development Programme for the administrative staff and its first two workshops was highly appreciated by the participants and the feedback was very positive.