

Welcome

Prof. K.K. Talwar, Professor Emeritus, Cardiology
Dr. Vijay Kumar Sinha, Honry, Consultant, CTVS
Dr. Latni Khanna, Jr. Specialist, Neurology
Dr. Rajesh Sharma, Jr. Specialist, Gastroenterology
Dr. Parul Garg, Jr. Specialist, ENT
Dr. Lokesh Kumar Tiwari, Jr. Specialist, Paediatrics
Dr. Poonam Sherwani, Jr. Specialist, Radiology
Dr. Shashi Tiwari, Jr. Specialist, Surgery
Dr. Vijay Raina, Jr. Specialist, Surgery
Ms. Anchal Jain, Research Associate cum Statistician

We also welcome all the staff who have joined the various other departments of our hospital.

Wedding Bells

Ms. Hemlata (Nursing) with Mr. Dharm Singh Parmar
Ms. Sheeba Chetan (Nursing) with Mr. Lijo T. Jacob
Ms. Shalini Lal (Nursing) with Mr. Jayson Azeem Oliver
Ms. Deepa Anna Baby (Nursing) with Mr. Ajai
Ms. Lehsang Dolkar (Nursing) with Mr. Pema Tharchin
Ms. Blessy T. Baby (Nursing) with Mr. Ajo
Ms. Jesline T. Jacob (Nursing) with Mr. Binash Joseph
Mr. Sunny Dayal (Radiology) with Ms. Kavita
Ms. Jyoti Chacko (Pharmacy) with Mr. Anu
Ms. Anupama Anand (Physiotherapy) with Mr. Jatin
Ms. Pralida Varghese (Laboratory) with Mr. Thomson George

Retired



St. Amritanony Lukose retired on 31st May 2011 after completing 16 years & 10 months of meritorious service. We wish her the very best in the future.

Demise



Ms. Agnes Massey, ANM Gr. II, Community Health Dept. at Nand Nagari passed away on 18th June 2011 after an illness. She had joined the institution in October 1993 and was a dedicated worker.



Mr. Moe Singh, Housekeeping Department, passed away on 9th August 2011 due to an illness. He had served the institution with commitment for 27 years.

Editorial Team: Dr. Nittin R. Parkhe, Ms. Feba Georgevarghese, Dr. Renuka Joseph
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कविता - सेंट स्टीपेन्स अस्पताल

बहुत ही सुन्दर मुझे लगा है
सेंट स्टीपेन्स अस्पताल
साफ सफाई अच्छी रखते
ऐसा है यह अस्पताल।

एन एन सेवा में हरिन है
डाक्टर, नर्स सफाईवाला
बड़े प्यार से काते करते
जैसे पिताएँ, भइर नन प्याला।

देखना है बहुत यहाँ पर
अनुशासन की बहुत यहाँ पर
समय समय पर जाँच है करते
आपलवालीन स्थिति में तुम्हें पढ़ाते।

मुझे यहाँ इतना ही कहना है
तुम्हें भी अच्छा करना है
सेवा-भाव बनाए रखना
कर्म को सचमें डोँचा रखना।

सेवा को ही वशय जनाया
भइर टैरिभा जैसा नाम कमाया
आज हम उनकी पूजा करते
सच्चे मन से नमन है करते।

प्रबंधक जीर सेवादाताओं का
मैं अभिनन्दन करता हूँ
आप सभी को बड़े इत्थय से
जन्यवाद करता हूँ।

रामनारायण राम
भरीर

Microbiology CME

A CME was organized by BD Diagnostic Systems in association with the Microbiology Dept. on 9 August 2011. Dr Michael M. Towns, who was the guest speaker, delivered a talk on 'Clinical Best Practices in Blood Stream Infection Diagnosis.'

He emphasized the clinical importance of blood cultures especially in cases of sepsis. Stress was given on volume of blood, time for drawing the blood for culture and the number of blood culture sets. He also presented few case reports on clinical significance and correlation of positive blood culture reports, so as to give proper duration and dosage of antibiotic therapy to the patients.

This was a very useful talk for our clinicians as it gave them tips for diagnosing and managing blood stream infections. It was attended by around 60 doctors from various departments.

Dr. Renuka Joseph, Editor



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SERVING HUMANITY IN THE SERVICE OF CHRIST

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From the Director's Desk

This is the time of the Autumnal Equinox and this year it falls on 23rd September. The equinox is the time of year when the day and night are as equal to each other as possible, I have long been fascinated by the equinoxes (the other being the spring equinox in March). The shift from the warm season to the cooler one (or vice versa) starts at this time. Symbolically also I think of it as a time to reflect on whether one's cup is half empty or half full. Our institution is passing through many challenges of late and I was telling one of my good friends the other day that our cup of woes seems to be full. But, over the past week, I have been preparing our annual report and reflecting on the year past has given me a fresh perspective. After enumerating our achievements and failures I have come to realize how blessed our hospital and each one of us who work in it have been. The positives outweigh the negatives by such a marked degree that I realize that - yes, my cup is full, not with woes, but with gifts and blessings. Not just full but overflowing. Every time there has been a challenge, almost miraculously the solution has appeared at hand. It is as if God has been keeping a special eye on St. Stephens and I firmly believe this is so.

The contents of this newsletter should give all our readers a glimpse into our institutional life. Looking at the variety of activities, ranging from high end medicine to pure social causes, makes one realize the multi-dimensional approach our institution has adopted to respond to the challenges faced by society. It is creditable to provide advanced medical care. It is, however, divine to do so with a true concern for the overall health of a patient and his family. Wholesome healing takes on a new meaning when viewed through the eyes of Christ. And that is what this institution is - an extension of Christ's healing administered under the concerned gaze of our Saviour.

Dr Sudhir Joseph
Director

Getting to know Mr. George

Down in the administration wing, at the end of the corridor, is a very neat and tidy office. Through the always-open window, one can see a dignified personality with well-groomed salt & pepper hair, bent over some documents. If he is not in a meeting, he is always found at his desk, working with inimitable commitment. He has one of the most difficult jobs in our hospital but he has proved his peerless worth over the years. This is Mr. M. C. George, our Finance Officer.

Born in 1947 at Kottayam, in God's own country, Mr. George just missed being one of 'Midnight's Children' following our country's Independence. He completed his schooling and college education through the Church Missionary Society. After training in a Chartered Accountant firm and a bank, he joined the Manorama group with a sister concern of MRF. Here he rose through the ranks to the prestigious position of Chief Accountant. This was followed by a period as Accounts Officer at Mariampur Mission Hospital in Kanpur.

At this juncture in his life, Mr. George married the lovely Mrs. Thankamma in 1979. This is also where their path was turned towards Delhi and St. Stephen's Hospital. On a visit to our hospital, they met our earlier Director, Dr. Lucy Oommen.

In her incomparable manner, she touched their lives, as she had done with so many of us here. They both joined our

hospital in 1980. Later Mrs. George joined as a dedicated teacher at Victoria school as she very much desired to be a teacher. While working here, Mr. George also achieved Post-graduation in Business Management in 1983. They have two wonderful children - Alex, their son, works as Senior Network Engineer with NIT in Gurgaon and Dr. Anu, their daughter, is training to be a Radiologist at CMC, Ludhiana.

When asked what has made him so dedicated to St. Stephen's Hospital over 30 years, Mr. George replied that it is the care and affection that he and his family have felt here, which is unique. He says this warmth has to be experienced to be believed.

A simple but brilliant man, a home-loving person, a thorough gentleman and an honest, sincere and dedicated officer of our hospital - Mr. George, we salute your service to this great institution!



Dr. Nittin R. Parkhe
Editor

Delhi Society of Hematology - Quarterly Meeting

The department of Laboratory Diagnostic Services, St. Stephen's Hospital, Delhi, hosted the quarterly meeting of the Delhi Society of Hematology on 25th June 2011. The meeting started with a welcome note by Dr Uma Khanduri, HOD, Dept. of Laboratory Diagnostic Services. Dr John Punnoose, Deputy Director, St. Stephen's Hospital was the chief guest who highlighted the history and academic excellence of this hospital.



Dr Archna Sharma introduced the guest speaker Dr Dinesh Bhurani who is a Consultant & HOD, Department of Hematology, Rajiv Gandhi Hospital. He is from the first batch of those awarded DM Hematology in the country. He received his training from Christian Medical College, Vellore. He presented a very interesting topic "Newer Drugs in Hematology - From Bench to Bedside." The thrust of his talk was, how understanding the basic molecular defects in hematological malignancies has resulted in evolution of specific drug therapies. An example is that of Chronic Myeloid Leukemia where the life span of the patient was approximately 5 years from the time of diagnosis, irrespective of the treatment given. Now it is well known that Chronic

Myeloid Leukemia is associated with a specific cytogenetic abnormality which results in the production of an abnormal enzyme 'tyrosine kinase'. The drug Imatinib targets this enzyme giving disease-free survival.

As a token of appreciation, Dr Dinesh Bhurani was presented with a 7-year old Bonsai plant by Mr. Vijay Bhushar (Head Gardner, St. Stephen's Hospital)

This was followed by presentation of two interesting and unusual case reports from St. Stephen's Hospital. Dr Anita Omhare, Senior Resident, Hematology, presented a case of Myelodysplastic Syndrome-Myeloproliferative disease (MDS-MPD) overlap syndrome. Thus far only 20 cases of this entity have been reported in world literature. Dr Archna Sharma, Specialist, Hematology, gave a talk on "Red cell rosette - A clue to diagnosis of Paroxysmal Cold Hemoglobinuria."

The meeting was attended by about 120 Hematologists, Pathologists and Trainees from all over Delhi who appreciated our hospitality and the scientific sessions.

Dr. Renuka Joseph
Editor

NABH Training Workshop

As we all know that our hospital is aiming for accreditation by National Board for Accreditation for Hospitals and Health care providers (NABH). As a part of NABH programmes going on in our hospital, an intensive training workshop was organized from 30th June to 2nd July, under the able guidance of Quality Control of India. Dr Vikram Kashyap and Dr Alexander Chandy conducted the whole workshop which was attended by 35 persons from various sections of the hospital.

The NABH standards and objectives were dealt with in a highly professional and cordial way. Various exercises were conducted over these three days to enable the participants to understand the fine nuances of these standards. A test was held at the end for all the participants. The Director, Dr Sudhir Joseph, personally took interest and attended all the sessions. The other notable participants were Dr Grace Cherian, Associate Director and Drs. Dr John Punnoose & Ann Mathew (Deputy Directors)

By training its personnel in NABH standards, our hospital aims to achieve a significant improvement in the quality of service to our patients. The Director is desirous that some of these participants would eventually graduate to becoming NABH assessors in due course of time.



NABH Training Workshop Participants

Dr. Renuka Joseph, *Editor*

Cultural Evening at Kamani Auditorium

The St. Stephen's Hospital Patient Welfare Society function was held on 3rd August 2011 in Kamani Auditorium. Mr. Salman Khurshid, Union Cabinet Minister, Law & Justice and Minority Affairs presided over the function as Chief Guest. Mrs. Louise Khurshid, Mrs. Kiran Bedi and Prof (Mrs) Kiran Walia also graced the occasion with their esteemed presence. In this function the 'Employee of the Year' Awards for the year 2011-2012 were also presented. The awards were conferred upon the following staff from various departments:

- Dr. Molly Joseph, HOD Histopathology (Dr Lucy Oommen Memorial Award)
- Dr. Rajender Kumar, Consultant Orthopaedics (Dr Savitri Kavan Memorial Award)
- Sr. Lissy Varghese, In-charge nurse (Dr. G P Chhabra Memorial Award)
- Ms. Beula Sajayan, Staff Nurse - Nursing Department
- Ms. Deepa Samuel Thomas, In-charge nurse - Nursing Department
- Mr. John Manohar, Tutor Technologist - Radiology
- Mr. Sandeep Jain, Senior System Administrator - Computer Department
- Mr. Sucharu Sekhar Chatterjee, Assistant Supervisor - Billing
- Mr. Rajender Singh, Senior Clerk - Dietary
- Mr. Suresh, Helper Gr. I - CSSD Department
- Ms. Anguri Devi, Head Safai Karamchari - Housekeeping Department
- Mr. Selva Rajan, Safai Karamchari - Housekeeping Department
- Mr. Pale Ram, Security Guard Gr. I - Security Department
- Mr. Kamal Singh, Cook Gr. I - Nurses Mess Department
- Mr. Jawahar Lal, Mali Gr. I - Garden Department
- Ms. Rameshwari, Nurse Aid Gr. I - Nursing
- Ms. Lata John, Ayah Gr. I - Nursing
- Ms. Urmila Devi, Helper - Community Health Department



The evening proceeded into a wonderful collection of mesmerizing old Hindi songs. The hypnotizing music carried the audience back to the black-and-white era of Bollywood. The colorful music was enjoyed by all.

Feba Geevarghese, *Editor*