From the Director's Desk

The recent events in Peshawar have been a slap on the face of humanity. For too long now, we have seen an escalation of violence specially against those in our society who need the greatest protection. Whether it is young children or ladies, man appears bent on destroying all vestiges of civilization and going back to the law of the jungle. Today, as a result, our world groans with injustices and inequalities. Our children are learning all the wrong lessons of intolerance and hatred, differentiating between caste and creed, thus paving the way for generations of injustices. Where does all this stop and how?

The answer is at hand. About 2 millennia ago into a burdened world, came a baby boy who would carry the hopes of not just the Jews but of all unborn generations in all nations. This child would grow into a man who would cut across all divides and reach out specially to those who were the most burdened - whether physically, mentally or spiritually. He would live among us - teaching, preaching and healing - for just 3 short years. His Divinity would be manifest to all who would look and yet He would suffer the most cruel of deaths, only to conquer death itself and rise again. His name is 'Wonderful, Counsellor, Mighty God, the Prince of Peace'.

Today, more than ever, we need to preach His message of brotherhood, peace and love for each other. He has given us life in all its fullness. We must pass on this Good News to all who would listen and specially to those not inclined to do so. True love for each other as God has for us, His children - is the only way to correct the ills of this world. Where reasoning fails, God's love will succeed.

A very special Christmas to all of you. May God continue to fill your lives with His blessings and grant all of you a wonderful 2015.

Dr Sudhir Joseph
Director

St. Stephen's Hospital Choir- Worship Through Music

O Come, Let us Sing unto the Lord, Let us make a joyful noise to the Rock of our Salvation!

(Psalm 95:1)

Music is the transformation of the inner thoughts and emotions to the exterior. Music is the essence of life. Music has been in existence right from the evolution of mankind. Music is truly a language for communication among diverse cultures and groups. Music is powerful. It soothes one's mind, brings tremendous joy and has a spiritual relevance. Ludwig Van Beethoven very aptly said that music is the mediator between the spiritual and the sensual life. Music touches every realm of life!

Music is offering praises to God Almighty, our Creator and getting closer to Him. Music stirs our soul & spirit and enables us to feel God's presence with us. This feeling is treasured and the most dominant aspect of St. Stephen's Hospital Choir which started way back in 1994 as a small group of a few choristers. This choir picked momentum under the leadership of Dr. Sudhir Joseph, the Director of our Hospital who took over as the Choir Director from the year 2001. Christ is our foundation, the reason of our very being and there’s no better way of adoring our Saviour as through music. Our Choir Director emphasizes on singing with reverence and deep thought so that lives are really touched and blessed through the singing of the choir. The choir music is a repertoire of traditional, old, classical and modern compositions from many worthy composers. The choir takes effort to find and bring alive some of the old, lost and long-forgotten numbers. Besides this, the choir always presents new modern compositions that

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The St. Stephen's Hospital Choir

have never been performed before in Delhi. Two concerts are presented annually by the choir - Summer Concert and Christmas Concert. Mr. Pandiaraj, the choir Organist, Fr. Francis from Vidyajyoti and various other choir members accompany the music with instruments and enrich the choir. New choristers get added every year and the number of choristers range from 75 to over 100 in the concerts proclaiming God's glory and sharing His love for man. Apart from choir concerts, this choir has presented songs in the Rashtrapati Bhawan in front of the country's President and Cabinet Ministers. It has also sung on 'All India Radio' and the recorded music is aired on a regular basis. Two CDs of gospel music have been developed by this choir. It has also performed in churches and various other places by invitation. This choir is an indispensable part of special prayer services and programmes of the hospital. The choir continues its journey with the following verse from Colossians 3:16 which says, 'Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns and songs from the spirit, singing to God with gratitude in your hearts.' May God richly bless this choir as Christ's witness and instrument for His worship!

Ms. Feba Geevarghese
Editor

Hearty Welcome to Pastor Bendang Lemtor!

St. Stephen's Hospital welcomes Pastor Bendang Lemtor to this esteemed institution as its North East Chaplain. He started his career by doing B.Theology and B.Divinity from Mennonite Brethren Centenary Bible College, Andhra Pradesh. He spent one month in training in Hospital Chaplaincy at Christian Medical College, Vellore as an 'Observer Chaplain' from Sep-Oct 2014 after joining our hospital. He has worked in Greenfields Charitable Trust, Andhra Pradesh as Pastor, teacher and Warden for 6 years. He was employed at Helping Hands India, Bangalore for 4 years as a manager of their orphanage and trainer in their Church Planting Training Programme in remote areas of Tamilnadu, Karnataka and Andhra Pradesh. He is assisted in mission work by his wife, Ms. Asena and they are blessed with two kids. He is very active in spiritual activities and counselling services in our hospital. 'Praise and Worship' every Wednesday under his leadership is one of the many attractive aspects of his ongoing work in this institution.

Enhancement of Physiotherapy and A.L.C Depts.

The renovated Physiotherapy Centre was dedicated on 29th September 2014. The renovation was supported by a donor in memory of her mother Late Smt. Pushpa Devi Kanoria.

The Rotary Club donated equipments to Artificial Limb Centre (A.L.C) & Orthopedic O.T. in memory of Rtn. Ghulam Naqshband, Member, Rotary Club Delhi Midtown through support from Rtn. Naqshband Institute for the Physically Challenged. A function was organised in the Conference Hall on 24th September 2014 in its recognition.
Sports & Talent Nite 2014

Sports Events took place from August to October with a lot of enthusiasm from the staff and students of our institution. Participation with a healthy sports spirit was manifested during the competitions. Individual and group events took place in various age groups, Veteran's Cricket and Senior Sports games drew a lot of attention. There were many events like volleyball, throwball, cricket, badminton, tennis, tug-of-war, kho-kho, table tennis, carrom etc.

Talent Nite or the annual cultural fest of our hospital was held on 25th October 2014. Mr. Vijay Dahiya, former International Cricketer and Coach of IPL's KKR & Delhi's Ranji Trophy Team graced the function as Chief Guest. Hospital staff & students got the opportunity to showcase their talent on stage. There were individual and group competitions of song, dance, skit etc. and few non-competitive items. A dance performance by a mix of staff from different departments was appreciated by all. The cultural evening ended with a mesmerising dance item by the Sports Group 2014. The Programme was enjoyable. Prizes for Poetry, Essay, Painting and Rangoli competitions were also given during the function.

C.M.A.I. National Conference 2014

The National Conference 2014 of C.M.A.I. on the theme "Women Leaders in Healing Ministry" was attended by our hospital staff and students in the various sectional conferences. The Conference for Christian Doctors was attended by 3 doctors from 11-12th Oct 2014 at Hotel Palacio de Goa in Goa. The Nurses' League Conference was attended by 3 nursing service staff, 1 nursing college faculty and 2 nursing students from 16-18th Oct 2014 at Mission India Campus in Nagpur. AHP Conference was attended by 3 AHP staff & 2 students between 17-19th October 2014 at Methodist Day Care Centre in Gujarat. The Administrators Conference was attended by 2 administrators from 14-16th November 2014 at Kristu Jayanti Jubilee Memorial Animation Centre in Kerala. The Conference was a blessed experience for all.

Hospital Choir Concerts 2014

The Summer Concert titled 'Foundations of Faith' took place on 5th & 6th September and the Christmas Concert on 12th & 13th December 2014 in the Conference Hall. Traditional, classical and modern music by different composers was presented. The musical evenings were thoroughly enjoyed by all.
Our hospital in its humanitarian service and outreach work organised a Relief Camp for the victims of floods in Jammu & Kashmir from 1st - 10th October 2014. Many of our hospital employees voluntarily and generously donated one day's salary towards this noble effort. A team of 9 staff including doctors, pharmacist, physiotherapist, nurses and counsellor headed for the relief work. The team was led by Dr. Amod Kumar, H.O.D. Community Medicine with assistance from Church's Auxiliary for Social Action (CASA). They visited unaids remote villages, orphanage and held camps & makeshift shelters for the flood affected people. They conducted health check-ups, treated people with medicines, first-aid, dressing, physiotherapy etc. About 500 people were examined and treated each day.

Fire Safety Week

Fire Safety Week was held from 1st - 5th December 2014 on the theme 'Evacuation'. It featured video, presentation of our hospital’s evacuation plan and demonstration of fire-fighting. All categories of staff and students were imparted training.

Wedding Bells

Mr. Jaideep Samuel Peters (Personnel Office) with Ms. Alka
Mr. Deepak Rovinsin (Physiotherapy) with Ms. Ankita
Ms. Shaifali (Nursing) with Mr. Arvind
Ms. Lissamol (Nursing) with Mr. Sajan Mathews
Ms. Divya (Pharmacy) with Mr. Soum
Ms. Manju Sharma (Nursing) with Mr. Prakash
Ms. Shikha Simon (Nursing) with Mr. Rahul Parmanik
Ms. Jyoti (Nursing) with Mr. Sunny
Ms. Lija Yohannan (Nursing) with Mr. Jubith Baby

Welcome

Dr. Amit Atam, Consultant, Urology
Dr. Shweta Mendiratta, Jr. Specialist, SSHHF Gurgaon
Dr. Yuki Sharma, Jr. Specialist, Microbiology
Dr. Leiyani Kesar, Jr. Specialist, Medicine
Dr. Mhonchand Kikon, Consultant, CTVS
Dr. Randheer Pal, Consultant, Cardiology
Dr. Rahul Handa, Consultant, Neurology
Dr. Dinesh Kumar, Jr. Specialist, SSHHF Gurgaon
Dr. Vandana G. Dhingra, Specialist, Medicine
Dr. Shalendra Kumar, Jr. Specialist, Medicine
Dr. Kadam Nagpal, Consultant, Neurology
Ms. Fela Gevarghese as Addl. Vice Principal, College of Nursing
Ms. Esther Qureshi as Asstt. Personnel Officer

We welcome all the other staff members who have joined the various departments and the St. Stephen’s family.

Fellowship Retreats

Retreats in different batches were organised for staff and students of our institution on 8th & 15th November 2014 at St. James’ Church, Kashmere Gate. Rev. Mohit Hitter and Rev. Kamal Mall conducted the retreats and inspired the gathering with the word of God. It was a meaningful time of fellowship and spiritual growth.

Christmas Celebrations 2014

Our hospital Christmas celebrations are in full swing. They include choir concerts, Carol Rounds & dinners in residential campuses, departmental lunches & party, ward decorations, Christmas Entertainment Programme with language carols, Candlelight Procession in OPDs & wards, Children’s Party for children of our hospital staff, Students' party, Christmas Tea Party for dignitaries, sweets distribution to patients, hospital lunch for everyone, gift distribution to staff & students. Watchnight Service concludes the festivities of the Christmas season and welcomes the New Year.

Retirement

Mr. Sarwan Kumar, Safaiwala Gr. I of Housekeeping Dept. took premature retirement on medical ground after 33 years of service in this hospital.

Demise

Ms. Savita, Staff Nurse and a former GNM student of our hospital passed away on 23rd November 2014. May her soul rest in peace!

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