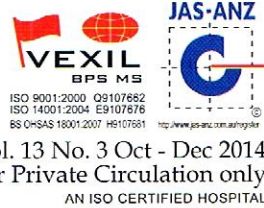




ST. STEPHEN'S NEWS

SERVING HUMANITY IN THE SERVICE OF CHRIST

An official newsletter of St. Stephen's Hospital
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From the Director's Desk

The recent events in Peshawar have been a slap on the face of humanity. For too long now, we have seen an escalation of violence specially against those in our society who need the greatest protection. Whether it is young children or ladies, man appears bent on destroying all vestiges of civilization and going back to the law of the jungle. Today, as a result, our world groans with injustices and inequalities. Our children are learning all the wrong lessons of intolerance and hatred, differentiating between caste and creed, thus paving the way for generations of injustices. Where does all this stop and how?

The answer is at hand. About 2 millennia ago into a burdened world, came a baby boy who would carry the hopes of not just the Jews but of all unborn generations in all nations. This child would grow into a man who would cut across all divides and reach out specially to those who were the most burdened- whether physically, mentally or spiritually. He would live among us - teaching, preaching and healing - for just 3 short years. His Divinity would be manifest to all who would look and yet He would suffer the most cruel of deaths, only to conquer death itself and rise again. His name is 'Wonderful, Counsellor, Mighty God, the Prince of Peace'.

Today, more than ever, we need to preach His message of brotherhood, peace and love for each other. He has given us life in all its fullness. We must pass on this Good News to all who would listen and specially to those not inclined to do so. True love for each other as God has for us, His children - is the only way to correct the ills of this world. Where reasoning fails, God's love will succeed.

A very special Christmas to all of you. May God continue to fill your lives with His blessings and grant all of you a wonderful 2015.

Dr Sudhir Joseph
Director

WISH YOU ALL MERRY CHRISTMAS
AND A PROSPEROUS NEW YEAR!



St. Stephen's Hospital Choir- Worship Through Music

O Come, Let us Sing unto the Lord, Let us make a joyful noise to the Rock of our Salvation!

(Psalm 95:1)

Music is the transformation of the inner thoughts and emotions to the exterior. Music is the essence of life. Music has been in existence right from the evolution of mankind. Music is truly a language for communication among diverse cultures and groups. Music is powerful. It soothes one's mind, brings tremendous joy and has a spiritual relevance. Ludwig Van Beethoven very aptly said that music is the mediator between the spiritual and the sensual life. Music touches every realm of life!

Music is offering praises to God Almighty, our Creator and getting closer to Him. Music stirs our soul & spirit and enables us to feel God's presence with us. This feeling is treasured and

the most dominant aspect of St. Stephen's Hospital Choir which started way back in 1994 as a small group of a few choristers. This choir picked momentum under the leadership of Dr. Sudhir Joseph, the Director of our Hospital who took over as the Choir Director from the year 2001. Christ is our foundation, the reason of our very being and there's no better way of adoring our Saviour as through music. Our Choir Director emphasizes on singing with reverence and deep thought so that lives are really touched and blessed through the singing of the choir. The choir music is a repertoire of traditional, old, classical and modern compositions from many worthy composers. The choir takes effort to find and bring alive some of the old, lost and long-forgotten numbers. Besides this, the choir always presents new modern compositions that

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