



ST. STEPHEN'S NEWS

SERVING HUMANITY IN THE SERVICE OF CHRIST

An official newsletter of St. Stephen's Hospital
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Vol. 17 No. 3 Oct - Dec 2018
For Private Circulation only
AN ISO CERTIFIED HOSPITAL



From the Director's Desk

It was on a very cold mid December evening in 1994 that the St. Stephen's Hospital Choir presented its first ever Concert. A small, but very enthusiastic, band of Choristers presented 5 compositions on an open air stage in front of about 25 people, both groups shivering in the December cold! Learning from our experience the concert was next year shifted to the afternoon, a time not fully suitable for working people, and later was again shifted to the late evening. The completion of the Conference Hall in 1996 was a boon and we have since performed all our concerts there.

Over the years the choir has grown and is currently one of the largest in Delhi with over a hundred members. The Choir has often performed in Rashtrapati Bhawan before the President, Prime Minister and other dignitaries. It has also performed before Ambassadors of different nations, besides regularly visiting churches and the YMCA festival of choirs.

I have been a member since the Choir's inception, first as a singer and then as its Director. The experience has been highly spiritually motivating and enriching. Music is an excellent medium to reach out to others, and to sing for our Lord and of His goodness has been a special blessing for all of us. Every lyric of each composition reminds us of God's love for us. Whether at Christmas or through the year, His mercies are endless. Through these concerts we have touched many a heart and, hopefully, helped focus peoples thoughts and actions towards Christ's teachings. St. Stephen's Hospital has always been an extension of God's healing. Healing has to be both physical and spiritual and music has been another form for us to spread the eternal message of Peace and Goodwill towards each other.

Wishing all of you a very Blessed Christmas and New Year.

Dr. Sudhir Joseph
Director

Silver Jubilee Christmas Concert of the St. Stephen's Hospital Choir



*I will sing to the LORD as long as I live;
I will sing praise to my God while I have being.
Psalm 104:33. (ESV)*

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Over and over again, the Bible tells us to sing to our Lord. Sing to praise Him, sing to thank Him, sing to worship Him, and sing to tell of His works and glory to all the nations.

What was started in 1994 with a small group of like-minded employees has been nurtured by the present Director of the Hospital and Choir since the year 2000 into a well-known ensemble.

This year, the St. Stephen's Hospital Choir celebrated 25 years of singing to the Lord, of the Lord, and for the Lord, in the city of Delhi, with its Silver Jubilee Christmas Concert that was held on the 15th of December in the Hospital Conference Hall.

Breaking its tradition of not repeating any composition that it has performed earlier, the Choir performed some of the most loved music from its previous concerts, which took regular attendees down memory lane.

Among the 106 choristers who sang this year were four founding members of the Choir, Mr. D. Andrew, Ms. Bernice Andrew, Mr. Innocent Xess and the Director, Dr. Sudhir Joseph, himself. Mr. Pandiaraj Ratnasingh, who has been accompanying the Choir for over 20 years on the organ, was warmly felicitated on this occasion.

Mr. Jesse John
Assistant Gen. Supdt.

German Energy Efficiency Award



The German Energy Agency (dena) awarded the Energy Efficiency Award 2018 in the "Energy Services and Management" category to Smart Joules Pvt. Ltd. and St. Stephen's Hospital. Smart Joules was chosen as the winner for implementing innovative, internet-based technologies, to develop a successful business model for energy efficiency. With the aid of this digital energy management system, St. Stephen's Hospital has been able to implement comprehensive energy efficiency measures, thereby achieving considerable savings in energy. The project shows how, with the help of measurement and control systems, energy efficiency potential can be successfully tapped.

NABH Certification

St. Stephen's Hospital has been granted certification under Pre Accreditation Entry Level- Hospital (PEH) Programme of NABH. This is the first step in our NABH accreditation journey under the leadership and direction of our Director Dr. Sudhir Joseph. Dr. Ann Mathew, Deputy Director (Quality) spearheaded this effort with the staff of the Quality Office. This is a matter of great pride for the entire staff of this hospital, whose combined effort has been consequential in reaching this milestone.

Hospital Sports and Talent Nite 2018

Keeping with the tradition carried on for years, the St. Stephen's Hospital Annual Sports activities were conducted between September- October 2018. The entire hospital staff participated with zeal and in the spirit of sportsmanship, be it a newbie student or a veteran staff. The St. Stephen's Hospital family had a fantastic time of friendly competition against each other.

In a bid to surface the many hidden talents of the hospital members, the management organized a vibrant and entertaining 'Talent Nite' on 27th October 2018. Renowned film actor, Mr. Vineet Kumar, who has films such as 'KacheDhaage' and 'Aks' to his credit, was invited as the Chief Guest for the evening. The audience was regaled with every act till the very end be it melodious singing, the splendid dance performances or the dramatics!

TALENT NITE 2018



SPORTS 2018



Tolerance



'On- The- Spot' Poetry Competition First Prize Winners

Tolerance is a mighty word
Better demonstrated than merely heard
It is a virtue of character uncovered
It is a reflection of the person empowered

An individual is not born with tolerance
But develops when life's challenge begins
Tolerance is not just an art but also a skill
Inherent part of life's everyday drill

What should one tolerate?
Without elements of anger and hate
One should not tolerate anything wrong
Only then he is known to be strong

Ms. Feba Geevarghese

Vice Principal
College of Nursing

Welcome



Dr. Gautam Sharma, Specialist, Cardiology Dept.
Dr. Sumedha Mittal, Consultant, Rheumatology Dept.
Dr. Yesh Pal Munjal, Consultant, SSHHFGurgaon
Dr. Aditi Chopra, Junior Specialist, Endocrinology Dept.
Dr. Manpreet Saini as Consultant, Obs. &Gynae Dept.
Ms. Hina Gupta as Asstt. Professor, College of Nursing
Ms. Karthika Krishnan as Asstt. Professor, College of Nursing

We also heartily welcome all the new members of the St. Stephens family who have joined various other departments of the institution.

Retirement



Dr. Minakshi Mishra retired after 26 years of meritorious service in this institution.



Mrs. Esther Thankachan, Nursing Dept. retired after 32 years of meritorious service in this hospital.



Mr. Sushil Massey, Sr. Attendant, Pharmacy retired after 35 years of meritorious service.



Mrs. Valsala, Ayah, Nurses Mess retired after serving this institution for 32 years.



Mrs. Martina M, Ayah, Nurses Mess retired after serving this institution for 16 years.

We bid adieu to these members of the St. Stephen's Hospital family and wish them 'Happy Retired Life!'

Felicitations!



The Delhi Minorities Commission honoured and felicitated our Director Dr. Sudhir Joseph at an Annual function on 17th December 2018 at Vigyan Bhawan for his outstanding contribution towards the work and welfare of the minorities.

सहनशीलता



जीत का नगाड़ा
सुनाई सभी को देता
जब झुकते, करते सलाम
जब मेरा सूरज उगता ।

पर सच बताऊं यार
जब मेरा समय था बेकार
तब सिर्फ एक ही हथियार
था काम आया

सिर्फ और सिर्फ
मेरी 'सहनशीलता' ने ही
जीवन के दरिया में
कठिनाइयों की,
ऊंची नीची लहरों से
मुझे दृढ़ता देकर
किनारे पार लगाया ।

अपमान, तिरस्कार, गरीबी
कैसी भी हो मजबूरी
यदि है तुझमें
'सहनशीलता'
तो 'जीत है तेरी पक्की'
अब तक,
जीवन से हमने,
यही सबक है पाया

श्रीमति प्रीति वंजारी
मेडिकल सोशल वर्कर, डिपार्टमेंट ऑफ कम्प्युनिटी हेल्थ

Wedding Bells



Mr. Nivesh Hendricks (Accounts Dept.) with Ms. Akanksha
Ms. Julie Alex (Nursing) with Mr. Johnson Jose
Ms. Monica Charles (Nursing) with Mr. Apil Anthony
Ms. Jomol George (Nursing) with Mr. Georly Jacob
Mr. Stephen Mandal (Clerk- Admission) with Ms. Teena
Ms. Nirmala (Nursing) with Mr. AkashDayal
Ms. Neha Gabriel (Nursing) with Mr. Rohit

We wish them a blissfully married life together!